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Special Edition

e The Legacy

Nelson Mandela Centenary

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NELSON MANDELA CENTENARY - BETHE LEGACY

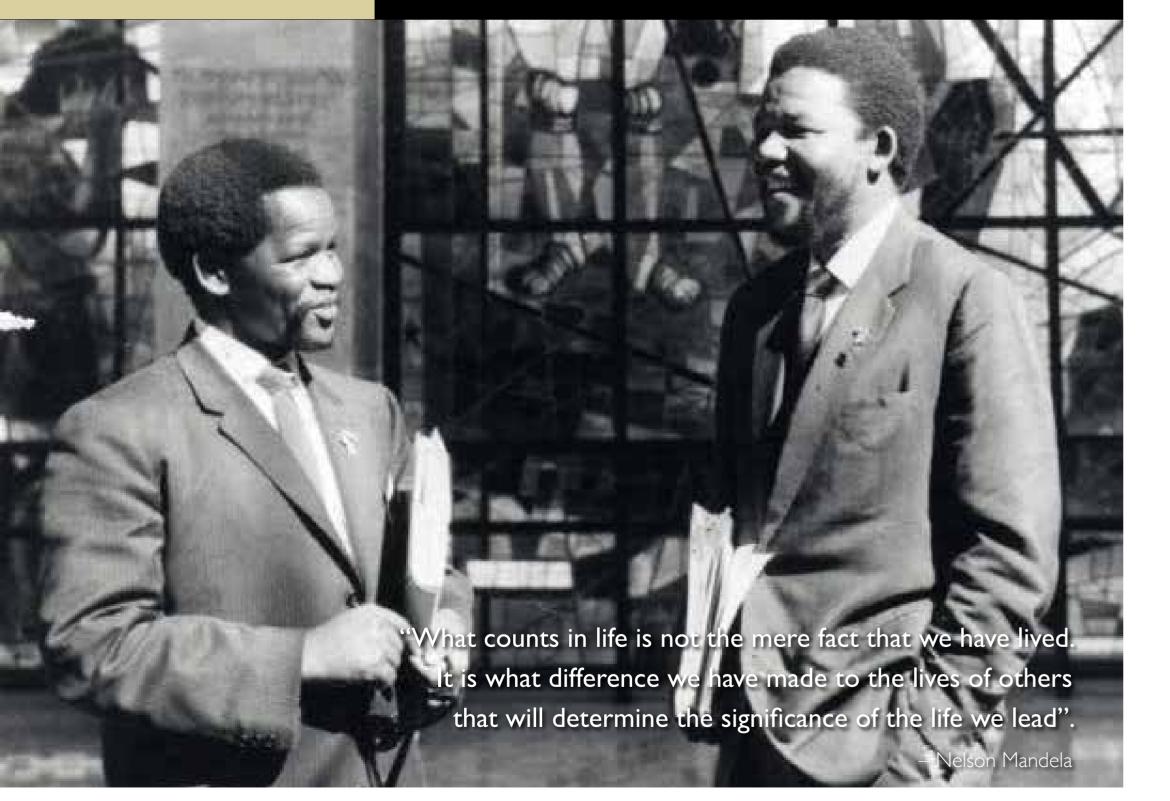
very year on 18 July, South Africans, together with the international community, honour our former President and international icon, Nelson Mandela, in the celebration of Nelson Mandela International Day. This year, the day was used as an opportunity for us to remember the time in which transformation gained traction in our country and celebrate the man who made a meaningful contribution.

The year 2018 marks the centenary of the birth of Nelson Mandela. This provides a unique opportunity for people around the world to reflect on his life and times and to promote his legacy. By any measure, Nelson Mandela's impact, both locally and globally, has been unparalleled. However, the unfinished business of his life-work looms large. The South Africa of his dreams remains tantalisingly out of reach. Which is why we should use his centenary year to continue working to make these dreams a reality.

Madiba's dreams require us, in 2018 especially, to focus our work around four primary objectives: the eradication of poverty and inequality; the dismantling of structural racism; the building of institutions of democracy; and the broadening of freedom of information.

No single person, family, institution or country owns the legacy of Nelson Mandela. Ultimately, it belongs to everyone who is working for social justice, wherever they are in the world.

Source: www.nelsonmandela.org



Had he still been alive, South Africa's former President, Nelson Rolihlahla Mandela would be 100 years old this year. Every year, 18 July is celebrated

as International Nelson Mandela Day. As the world commemorates Madiba's centenary this year, individuals and organisations again rallied to give 67 minutes of their time to do good for the community.

Our missions across the globe hosted various activities in honour of International Nelson Mandela Day and will continue to do so for the remainder of the year in celebration of the late icon's 100th birthday.

Day



adagascar is one of the four-poorest countries in the world and since 1972, tit has been marred by political conflict and coups d'etat, which have affected growth and development. The Government relies heavily on United Nations support and donations from the international community for its daily activities and performance. South Africa also assists in some way and to this end, the Embassy has decided to use innovation around the celebration of Mandela

Last year, I was supported by the Minister of Higher Education in approaching presidents of the six public universities in Madagascar to work with the Embassy to organise various events to celebrate International Nelson Mandela Day on 18 July and to lay a foundation for the Madiba centenary celebrations

Thanks to their positive response, the universities were encouraged to develop projects that are innovative, community-centred impactful and sustainable. To cover the cost of the implementation of these community projects, private companies in Madagascar were approached to adopt and work with the universities to conceptualise and sponsor their projects. The Axian Group/Telma Foundation sponsored the University of Antananarivo; Airtel Madagascar worked with the University of Fianarantsoa; Group Sipromad adopted the University of Antsiranana; Filatex partnered with the University of Toliara; University of Toamasina was sponsored by Ambatovy; and VIMA worked with the University of Mahajanga.

The University of Antananarivo and the Telma Foundation (Axian Group) agreed to work on a five-year project. They further committed to invest in a multifaceted project, covering the areas of agriculture, health and environment. A partnership agreement between the University of



and the Ministry of Public Health was signed on 19 July 2017.

On 21 July 2017, a ceremony for the laying of the foundation stone for the building of the first new healthcare centre/clinic was held at the University of Antananarivo. The university provided the land to build the centre, the Ministry of Public Health committed to provide professional staff to work at the healthcare centre while the Ministry of Higher Education pledged to provide training to the staff in collaboration with the university. The Telma Foundation/Axian Group provided the financial resources to build the healthcare facility as well as procure hospital beds, medical supplies and furniture.

The other universities celebrated Mandela Day in different ways and except for two, did not organise long-term concrete projects.

The Minister of Higher Education, the Minister of Public Health, myself, as well as representatives of

of the clinic on 18 April 2018. This achievement marked the completion of the first phase of the university audience. The training and simulation project.

The healthcare centre, which is well-equipped, is already functional. The first baby was delivered at the centre during the week of 13 August 2018. Since its official launch, nearly 100 patients per month have received professional medical services. Telma Foundation and the university launched the second phase of the project on 22 August 2018, with the focus on agriculture.

Following the launch of the opening of the new clinic, the second phase of the five-year project involves recycling waste to create fertiliser and teach immediate communities while planting vegetables and fruits in the land donated by the University of Antananarivo with Telma as the sponsor. This phase was launched on 21 July.

A second part of this event included the training of students on how to negotiate issues related to

Antananarivo, the Axian Group/Telma Foundation the Telma Foundation attended the official opening climate change and also invited award-winning youth leaders to share their experience with the took place on 21 and 22 August 2018. This section of this event was delivered and sponsored by Climates International, University of Antananarivo and Telma Foundation

> In addition, the Mission also organised, in partnership with the soccer academy 67 Grassroots, a two-day Nelson Mandela Centenary Tournament where boys between the ages of nine to 14 participated. The tournament was held from 1 to 2 June 2018 in Antananarivo. Teams were drawn from local teams, and public and private schools. There were 12 teams for U11 and 14 teams for U14. The tournament marked the launch of the Annual Nelson Mandela Soccer Tournament in Madagascar. The academy players are largely from poor households and they are trained to play football in order to give them hope and better their opportunities to succeed in life. 🕥





A Embassy in Mexico City honours former President Mandela and his centenary

he Embassy of the Republic of South Africa in Mexico City has developed a programme for the year 2018 in honour of the centenary celebration and commemoration of the late former Nelson Mandela.

The programme covers an array of events whereby the Embassy uses various opportunities to enhance South Africa's footprint in Mexico to honour South African icon and the Father of the Nation and his legacy, and to reaffirm South Africa's strong bilateral relations with Mexico that will reach 25 years in October 2018.

Since the beginning of 2018, a permanent exhibition of books in English and Spanish, dedicated photographs and banners honouring Mr Mandela, are on display at the Chancery Reception. This exhibition was used as backdrop in honour of the lives of the late Winnie Madikizela-Mandela and Albertina Sisulu, acknowledging her centenary year. A renewed interest in the lives of exceptional South Africans is daily stimulated.

The Embassy programme of formal events tarted on 28 June with an evening of patronage celebrating South African culture hosted by wine and South African gourmet product importers, SAFAI. The event combined the legacy of service, dedication and the international iconic stature of Mr Mandela with the promotion of bilateral trade and investment through South African wine, food, delicatessen products, an exhibition of art by South African artists living in Mexico and southern African dance by the Ndjira Dance Company. A wellattended evening brought a renewed interest in South African trade and our country as a tourism destination with its unique history and culture.

On Monday, 16 July, time was dedicated with South African partners, multinational pharmaceutical company ASPEN, the Save the Children Fund, Mission staff and the United Nations (UN) Representative Office renovating three crèches in less privileged areas of Mexico City



The UN Representative Office in Mexico, in cooperation with the Embassy, arranged extensive media coverage on International Nelson Mandela Day and during the month. Links throughout the city and country with the assistance of dedicated social media networks showcased the life and legacy of Madiba, including live streaming in Spanish and English to the UN in New York.

BY ANTHEA JOUBERT

The Mexico City Museo de Memoria y Tolerancia, situated next to the Mexican Secretariats of External Relations and Justice, arranged and hosted a conference in honour of the legacy of Mr Mandela. Embassy officials, the Director of the UN Representative Office in Mexico, the Director-General responsible for Africa and the Middle East at the Foreign Ministry, along with a group of invited academia participated

Ambassador Mauricio de Maria y Campos, former Ambassador to South Africa and who knew Mr Mandela well, was the keynote speaker.

Madiba was also honoured with South African bouquets of flowers in the Garden of Remembrance he Museum, and at other dedicated Mande spots in the city.

The highlight of the celebration was held on Wednesday evening, 18 July, at the Club de Bosques of Mexico City. It was a seated dinner for 200 people who included Mexican politicians, members of the Diplomatic Corps, Mexican and South African business representatives and special guests of the mentioned group of partners.

What made the evening unique was that the dinner presented the favourite menu of Madiba as prepared and served by his personal chef. This gave the Mission, in cooperation with a South African fine-dining chef living in Mexico City, the opportunity to bring the mensch, Madiba, to join the guests at the table and toast his life and legacy of service and dedication. 🚱

..... An art exhibition by South African artists living in Mexico and southern African dance by the Ndjira Dance Company.

Monrovia, Liberia

Nelson Mandela Day commemoration **BY NATHI SIFUBA**

18 July 2018, the South African Embassy in Liberia commemorated the centenary of former President Nelson Mandela and International Mandela Day at the Great Commission Orphanage at Gardnerville, Montserrado County. The orphanage houses about 60 boys and girls between the ages of six to 16 years who suffer from neglect and were separated from their parents as a result of the civil war in Liberia.

The Embassy used the event to unveil a solar lighting project at the orphanage, which was entirely funded by private contributions from the staff of the South African Embassy and Lonestar-MTN Liberia. In 2016, the South African Embassy decided to concentrate its support on one particular project in Liberia to make a greater impact rather than supporting many separate initiatives to commemorate International Mandela Day. The Great Commission Orphanage receives assistance on an ongoing basis throughout the year as well as a food hamper at the end of the

This year's event was attended by representatives from the Liberian Government, the Diplomatic Corps, United Nations and other international organisations, non-governmental organisations, business, media, the Deutsche Gesellschatt für Internationale Zusammenarbeit (GIZ) GmbH represented by Mr Freeman Godu, the Technical Project Coordinator and friends of

vear

the South African Embassy. The opening remarks at the occasion were made by the "Mother of the Orphanage", Nellie Mulbah, who expressed her gratitude and appreciation to the Embassy for its contributions over the years to the orphanage. This was followed an address by the Executive Director of Orphans Concern Liberia, Mr Amos Sawboh. Orphans Concern Liberia is a nonprofit organisation coordinating 12 orphanages in Liberia, which was formed by orphan graduates of the civil war as well as people concerned about the welfare of orphans. Mr Sawboh, among others, alluded to the difference the lights had made to the children's lives.

Ambassador Moodley gave a brief history of the relations between the Embassy and the orphanage, acknowledged the contribution of partners who made the project a success and expressed the importance of giving as advocated by Madiba

The Government of Liberia was represented by the Assistant Minister of Foreign Affairs, Ms Naomi Gray. In her speech, Ms Gray mentioned, among other things, the great contribution by Mr Mandela to humanity and the importance of education for Liberian children. Also in attendance was Ms Miattah Walker-Pearson, the Foundation Manager from Lonestar-MTN, who complemented the Ambassador for the great initiative. She said that the commissioning of the lights and the Mandela centenary celebration happened at a



Mr Sifuba, First Secretary Political and Economic: South African Embassy

young people in Liberia. The last speaker on the programme was the Acting Dean of the Diplomatic of Cameroon to the Republic of Liberia, who also commended the great work and contribution by the South African Embassy and the meaningful difference the initiative would make in the lives of the children. Ambassador Gang also delved

time when Liberia declared 2018 the Year of the on the contribution made to greater humanity by Youth, therefore it symbolised the development of Mr Nelson Mandela and his profound love for children

The second part of the programme included Corps, Ambassador Beng Gang, the Ambassador the lighting of the orphanage by Ambassador Moodley and Mother Nellie Mulbah, followed by a walkabout of the orphanage to view the facilities and interact with the children. The children were later treated to a warm meal, drinks and cupcakes, courtesy of the South African Embassy. 🕎

Dublin, **Ireland**





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Staff members who participated in the International Nelson Mandela Day project of the South African Mission in Dublin. The Head of Mission in Dublin, Ambassador Ahlangene Sigcau, joined the Mission in the International Nelson Mandela Day commemoration.



Kinshasa, **Congo**



Officials from the South African Embassy in Congo were joined by numerous volunteers, representatives from various companies, organisations and United Nations Organisation Stabilisation Mission in the Democratic Republic of Congo (DRC) UN/MONUSCO military personnel to contribute and commemorate the centenaries of Nelson Mandela and Mama Albertina Sisulu by dedicating 67 minutes and more towards humanitarian service at St Joseph Hospital, Limete, DRC. MONUSCO military personnel at work and in service of humanity.







Berlin, Germany

Berlin Mission Supports Shelter for the **Homeless on Mandela Day**

BY BERLIN MISSION

Ambassador Sizani and mission staff at the Bahnosmission for the Mandela Day celebrations



Mr Sifuba, First Secretary Political and Economic: South African Embassy

n 18 July 2018, the Ambassador of the Republic of South Ambassador Sizani and staff were received by Mr Dieter Puhl, the Charity Gala to raise funds for children organisations, to planting a volunteered 67 minutes at the Bahnhofsmission where they dedicated Day, Ambassador presented a donation check to Mr Puhl to the value the homeless – all of this was done with much enthusiasm and the time to feeding the growing number of poor, homeless and destitute of 270€, privately collected by Mission staff. peoples of Berlin. Bahnhofsmission is a German aid organisation Since 2008, even before the day was officially declared Over the years, public awareness for International Mandela Day located at the famous Berlin Zoo Station as well as at more than "International Nelson Mandela Day" by the United Nations General has grown, and taking place during the Mandela Centenary year, 100 major railway stations across Berlin and Germany. It aims at Assembly (2009), the Berlin Mission has been honouring Madiba's this year's media coverage of the Mission's activities has been assisting people in need of help: immediately, without registration or birthday through a variety of volunteer work and events: from considerable with a local TV station (RBB Abendschau) interviewing pre- condition and cost-free.

organizing the first Berlin Nelson Mandela Festival or a Mandela Ambassador Sizani for their primetime news bulletin.



Ambassador Phumelele Sizani dishing up for the homeless and destitute at the Bahnosmission, Berlin

Africa to Germany, Phumelele Stone Sizani, together with Manager of Bahnhofsmission. After addressing the volunteers at Mandela tree in Tiergarten, to helping clean a children shelter or a the entire staff of the South African Embassy in Berlin Bahnhofsmission on the significance of International Nelson Mandela children recreation centre, to supporting Bahnhofsmission's care for spirit of Ubuntu, which Madiba personified .

Bern, Switzerland

Trio of events to mark the Nelson Mandela Centenary in Switzerland

Mr Mac Maharaj with Ambassador Anne Lugon-Moulin (Swiss Foreign Ministry), Dr Laurent Goetschel (Swiss Peace) and veteran journalist Andreas Zumach during an interactive dinner event for Swis

he South African Embassy in Bern marked the centenary anniversary of President Nelson Mandela's birthday in Switzerland through three events during the early September 2018 to highlight and explore different aspects of the Mabida legacy. The centrepiece of the programme was a formal memorial celebration event on 11 September 2018 in the Swiss federal capital of Bern. The event was attended by guests from the Swiss Government, the local diplomatic community, business contacts and the South African diaspora. In her opening address, Ambassador Mthembi-Mahanyele placed centenary celebration in context by noting amongst others, that this milestone was an opportunity for South Africans to reflect on what the Madiba legacy was and how to take this legacy forward, echoing the simple but poignant call to action "be the legacy". Mr Mac Maharaj delivered a moving personal account of Nelson Mandela's humanity and how his leadership was forged by the struggle to eventually leave behind a unique and enduring legacy of universal relevance.

The Embassy co-hosted an evening event with the Parlamentarischen Gruppe Schweiz-Afrika, a cross-party parliamentary group of the Swiss Parliament dedicated to African issues, as well as Swiss Peace, the practice-oriented peace research institute associated with the University of Basel and Swiss Academy of Humanities and Social Sciences member, on 10 September 2018. In her opening remarks. Ambassador Mthembi-Mahanvele set the tone for the discussion by noting that that it would not be presumptuous to add that Nelson Mandela's legacy extends far beyond the borders of our own country as evidence but the unanimous November 2009 UN General Assembly resolution declaring 18 July "Nelson Mandela International Day". Mr Mac Maharaj joined Ambassador Anne Lugon-Moulin (Swiss Foreign Ministry), Dr Laurent Goetschel (Swiss Peace) and veteran journalist Andreas Zumach to discuss the theme "Nelson Mandela – Paving the Way to Peace?" during an interactive dinner event for Swiss Parliamentarians. During this event, Mr Maharaj focused on Nelson Mandela, the Statesmen, noting amongst others his development as a leader over the years to eventually become the first democratically elected President of South Africa. Ambassador Lugon-Moulin noted how the South African the peaceful transition has of international peacekeeping efforts.



BY BERLIN MISSION

between Mr Maharaj and academics using the essay compilation Basel University on how the understand the book's unique essays of "Reflections from Prison: Voices from the South African Liberation the prison in the contemporary context. During the second session, Struggle" as touchstone to explore the theme "Be the Legacy - four scholars from the University presented their work to reflect on inspired the evolution of Switzerland's involvement with and support A Celebration of hope and Human Creativity". For the first panel manifestations of hope and creativity in the long struggle to overcome discussion, Mr Maharaj illustrated how the hardship and isolation apartheid. The programme concluded with a jazz concert by the The Embassy finally co-hosted a programme of events in Basel of prison became a unique learning environment where the political Swiss-South African Jazz Quintet under the lead of the South African with the Centre for African Studies of the Basel University on 14 prisoners honed their leadership skills and world views. This was jazz musician Feya Faku.

Ambassador Mthembi-Mahanyele giving an address at the formal memorial celebration event in the Swiss federal capital of Bern

September 2018. This event consisted of two panel discussions followed by a fruitful dialogue with respected academics from the

What is Fetal Alcohol Spectrum Disorder?

Fetal Alcohol Spectrum Disorder (FASD) is a condition that arises when a mother consumes alcohol during her pregnancy. Alcohol use during pregnancy is a leading cause worldwide of preventable birth defects and developmental disabilities in children.

In South Africa, these are the facts:

- FASD is thought to affect at least three million of the South
 African population
- FASD is 100% preventable.

How does FASD occur?

Alcohol easily passes through the placenta, which is the organ of the body that sustains a baby during pregnancy. The developing cells of the fetus (unborn baby) can be damaged due to the harmful effects of alcohol, leading to severe defects which are not curable. The fetus is at risk during the entire pregnancy period. Since the brain starts developing soon after conception, the brain is especially vulnerable, leading to permanent brain damage. As most pregnancies in South Africa are unplanned, women often continue to use alcohol without realising that they are pregnant.

How can FASD be avoided?

• Women should not drink alcohol during pregnancy or if they are trying to get pregnant to avoid the risk of FASD. There is no

known safe quantity of alcohol that can be consumed during pregnancy or whilst trying to conceive, to avoid the risks. Any amount of alcohol can harm a developing fetus.

If you suspect that your child might have FASD, take him/her to a doctor or clinic as soon as possible. If the health practitioner cannot assist you, ask to be referred to a paediatrician or to a Human Genetic clinic at a district or provincial hospital.

 If you suspect that you might have an alcohol addiction or if you find it difficult to cut down on your drinking, seek help at your clinic, doctor, a social worker or, church/religious leader.

- If you are a light or social drinker and are planning a pregnancy, avoid alcohol.
- It is of the utmost importance to understand that pregnant women do not drink intentionally to harm their unborn babies. Pregnant women who consume alcohol often report that they do so in an effort to manage stress (self-medication) or that they are experiencing pressure from their partners (fathers of the fetus), family members and friends to drink alcohol. Some also indicate that they have received incorrect information from health practitioners. It is therefore the responsibility of partners, family members and friends to share the message of 'no alcohol during pregnancy' and to support pregnant women within their circles to abstain from alcohol use. crite

How does FASD affect children and/or adults?

- It is a life-long condition.
- There are a number of physical signs, which include growth stunting and a smaller than normal head circumference, as well as organ damage. In some individuals, there might also be facial features, but the majority of people with FASD have no or very little physical signs. Since these physical signs have to be measured and examined by a trained medical specialist, it is very risky to focus on it. It often also leads to wrong diagnoses.

It is therefore more important to rather note the developmental and behavioural problems resulting from the brain damage, which might include some of the following:

- delayed development
- hyperactivity
- attention problems
- difficulty in understanding cause and effect of behaviour
- impulse control challenges which might lead to e.g. impulsive behaviour
- interpersonal relationship problems.

How is FASD diagnosed?

It is a very complex diagnosis to make. Internationally, the following criteria should be followed to make a confirmed diagnosis and to exclude the possibility of incorrect diagnosis (or labelling):

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Fetal Alcohol Spectrum Disorder

Medical examination and dysmorphology assessment by a trained medical doctor.

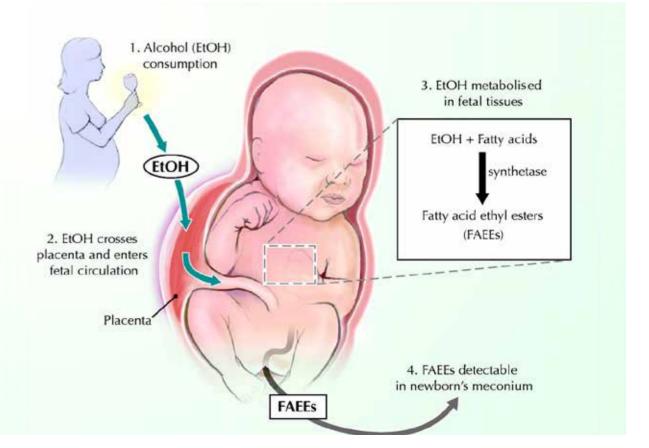
 In-depth maternal interview to identify causative factors, but also to exclude possible other causes of e.g. brain damage in the fetus or baby after birth.

Neurodevelopmental assessment (psychological testing) to determine the specific areas of developmental delay or challenges as to exclude other possible conditions. By combining the findings of the above examinations, a diagnosis can be made.

As the diagnostic services for FASD are not readily available in South Africa, the best option for those who are concerned will be to visit the nearest clinic or doctor and to share the reasons for the concern.

On-going management and care of an individual with FASD

The damage caused by prenatal alcohol use is irreversible and permanent. In an ideal situation, it is of value to get a diagnosis as early as possible. This will enable the parents/caregivers to seek information and guidance from specialists in the field to support and guide them on the identification of the strengths of the individual with FASD (children or adults), and to guide them on how to manage the challenges. With the proper guidance, support and security, individuals with FASD can be helped to reach their full potential given their limitations.



Information obtained from: (aware.org) Aware.org is registered as a non-profit organisation (NPO) with the Department of Social Development. Focus is on preventing the negative consequences of alcohol abuse.



2018, the Department of Relations and Cooperation launched a public awareness campaign to make the South African public aware of the consular services offered by DIRCO. The Chief Directorate: Consular Services is the only in DIRCO that has face-to-face interaction with members of the public on a daily basis through the services it offers. Consular services mainly comprise those services provided by a country's government to its citizens abroad. These services consist mainly of qualified support to citizens who are distressed or destitute, consular notarial/legalisation services and civic/immigration • providing consular notarial services. services (on behalf of the Department of Home Affairs abroad only). Consular assistance is aimed The Chief Directorate: Consular Services can and practice and the obligations a government has abroad: towards its citizens.

Consular Services include:

- non-financial assistance to destitute and
 Providing appropriate help if you have suffered distressed citizens
- determining the whereabouts of South African citizens abroad where there is a justified . concern for the well-being of the person by his/ her family members, taking into consideration legal prescripts around privacy

- assisting South African nationals and their families in the event of kidnapping and hostage-taking
- protecting the rights of detainees/prisoners within the limits of local and international law rendering assistance in cases of cross-border child abduction in collaboration with the Office
- of the Chief Family Advocate assisting with the processes for the importation of mortal remains and burial/cremation of deceased South African citizens abroad
- assisting South African nationals during manmade or natural disasters abroad

at protecting the interests of South African nationals **offer the following services to South African** abroad in keeping with customary international law citizens who are in distress or destitute

- Issuing emergency travel documents in cases of lost South African passports. This service is • only available abroad.
- a serious injury, are a victim of a crime or in hospital
- Providing details of local lawyers, interpreters, doctors and funeral parlours (DIRCO is not responsible for effectiveness or costs). •

- Contacting detainees as soon as possible (dependent on local circumstances) after being informed of a detention
- Non-financial assistance to families of deceased persons.
- Consular notarial functions (e.g. legalisation Tips for travelling abroad do's of South African public documents for use . abroad and providing Commissioner of Oaths services abroad).

Services which are not rendered by Consular . Ensure that you have all the required Services include

- proceedings to get South African citizens out of prison, out on bail or an early trial and/or give legal advice.
- Supporting a South African national financially **Tips for travelling abroad don'ts** while in prison.
- Requesting local authorities to give preferential • treatment to South African citizens.
- Investigating crimes or deaths or acting as a •
- tracing agency to find long-lost family. Returning children who have been abducted . by a parent/family member. Appropriate legal channels are to be followed.
- Paying for cremations, burials or the repatriation of mortal remains to South Africa. Enforcing a South African custody agreement
- abroad or compelling a country to decide on a custody case.

- Obtaining accommodation, flight tickets, visas study and work permits.
- Intervening on behalf of South African citizens in disputes between employer and employee.

- Research the country you are travelling to. Be aware of the laws, culture, religious practices, etc. of that country and respect them. It is advised to have full travel insurance
- Intervening in foreign court and legal
 Register at a South African Embassy/ Consulate-General abroad or with DIRCO before departure from South Africa.

- Be fooled into smuggling drugs in exchange for money, a free holiday or other incentives. Give in to the temptation to use drugs. •
- Carry baggage for someone else or leave your
- luggage unattended. Enter a country under false pretences or with fraudulent documentation.
- Engage in illegal activities and committing crime

Consular Services Awareness **Campaign launched**

#TravelSmartWithDIRCO

Department of International Relations and Cooperation (DIRCO)

Chief Directorate: Consular Services

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> For more information, consult our website at www.dirco.gov.za – Consular Services

For a list of South African diplomatic, consular and other representatives (South Africa) in foreign countries, visit www.dirco.gov.za





#TravelSmartWithDIRCO

DO'S

- > Know the SA Embassy in the country of your destination
- **Set full travel insurance and necessary vaccination**
- > Take enough money
- **Ensure you have enough essential medication in your luggage**
- > Take note of the laws of the country of destination
- > Have a valid passport and verify your visa

DONT'S

- > Carry luggage or a package for someone else
- > Disrespect the cultures and customs of the country being visited
- > Leave your luggage unattended
- Be in possesion of illegal drugs, it can result in arrest and lead to a death sentence
- > Travel with documents that are invalid or due to expire





international relations & cooperation

Department: International Relations and Cooperation **REPUBLIC OF SOUTH AFRICA**

